

# **BSN Curriculum Structure (4-Year Outline)**

**Life Care Institute of Health Sciences (Pvt.) Limited**

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The BSN program is a four-year degree program consisting of theoretical courses and clinical practice.

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## **Year 1 – Foundations of Nursing**

### **Subjects**

- Anatomy & Physiology
- Fundamentals of Nursing
- Biochemistry
- English Communication
- Pakistan Studies
- Islamic Studies / Ethics
- Basic Computer Skills

### **Clinical Training**

- Introduction to nursing procedures
  - Basic patient care skills
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## **Year 2 – Core Nursing Sciences**

### **Subjects**

- Pharmacology
- Microbiology
- Pathophysiology
- Health Assessment

- Adult Health Nursing I
- Nutrition

### **Clinical Training**

- Medical ward rotations
  - Basic patient management
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## **Year 3 – Specialized Nursing**

### **Subjects**

- Pediatric Nursing
- Obstetrics & Gynecology Nursing
- Community Health Nursing
- Mental Health Nursing

### **Clinical Training**

- Pediatric ward
  - Maternity ward
  - Community health centers
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## **Year 4 – Advanced Nursing & Research**

### **Subjects**

- Critical Care Nursing
- Nursing Leadership & Management
- Nursing Research
- Professional Issues in Nursing

### **Clinical Training**

- ICU / emergency units
- Leadership roles in clinical settings

## **Final Requirement**

- Research project or thesis